

# Meet Alyscia Cunningham



*Beauty lies not in a flawless complexion, but in the stories that are told by each transitioning line on a woman's face.*

*Many people define beauty as skin deep, but I've found the beauty in physical and superficial changes that continue throughout the life of a woman.*

- Alyscia Cunningham

Alyscia Cunningham is an entrepreneur, author, filmmaker and photographer who has contributed to the Smithsonian, National Geographic, Discovery Channel and AOL. After the success of her first book, *Feminine Transitions*, a photography book encompassed with portraits of raw feminine beauty, Cunningham published her second photography book and upcoming documentary film, *I Am More Than My Hair*. The book features 138 portraits of 46 females and the stories of their experience with hair loss as well as females who cut their hair in solidarity of a loved one. The film includes interviews and dives into the connection of their emotions in relation to the media's portrayal of beauty standards. Alyscia creates these, and future projects, with the consideration of art for social-change.

Alyscia specializes in promoting our natural beauty because she believes the media does a good job of focusing on our insecurities by bombarding us with ads proclaiming that their appearance without enhancements is inadequate or faulty. Her portraits are unaltered by Photoshop and reveal women as they are naturally, without the façade they put on for others.

Her work has been featured on Fox5 News, The Huffington Post, Cosmopolitan, The Washington Post, APlus, and Proud2BMe. To learn more about Alyscia and her work, visit [Alyscia.com](http://Alyscia.com).

Alyscia also invites you to view her video introductions to [Feminine Transitions](#), and [I Am More Than My Hair](#).

Alyscia Cunningham Images

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