



Perspective Shifting Empowering
Motivational Inspiring

Alyscia Cunningham
Speaker | Author | Photographer

Feminine Transitions

Alyscia's most requested talk is a perspective shifting look at natural beauty for a culture that's obsessed with image.

- ❖ What is beauty and who decides?
- ❖ How do we embrace the beauty of aging?
- ❖ How have we lost sight of self-love?
- ❖ Why is it important to embrace our authenticity?
- ❖ The truth about the media and Photoshop.

Meet Alyscia

Alyscia was raised with a Caribbean heritage, her parents being from the island of Trinidad and Tobago. Her hometown is Corona, NY but she now resides in the Washington, DC area.

An author and an accomplished photographer who has contributed to such outlets as National Geographic, Discovery Channel, America Online and the Smithsonian Institution, Alyscia Cunningham graduated from Montgomery College with degrees in photography and web design. She has exhibited her photography throughout the United States.

Sample Speaking Experience

- ASA, Aging In America Conference – San Diego, CA
 - Women's Museum of California – San Diego, CA
- Women's National Democratic Club – Washington, DC
 - St. Francis College – Brooklyn, NY
 - University of MD – College Park, MD
 - Green Festival – Los Angeles, CA
- 62nd National Women's Conference – Malvern, PA
 - Stop The Beauty Madness – Teleconference
- Women, Action & the Media! – Santa Monica, CA

Contact

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About the Book

Throughout their lifetime, most women learn to be uncomfortable with their physical appearance. They create a mask that is intended to “fix” their “imperfections.”

Feminine Transitions encourages women to remove their masks and love their true selves, completely.

