



Perspective Shifting Empowering
Motivational Inspiring

Alyscia Cunningham
Author | Filmmaker | Photographer

Media & Beauty Culture

Alyscia's most requested talk is a perspective shifting look at natural beauty for a culture that's obsessed with image.

- ❖ What is beauty and who decides?
- ❖ How do we embrace the beauty of aging?
- ❖ How have we lost sight of self-love?
- ❖ Why is it important to embrace our authenticity?
- ❖ The truth about the media and Photoshop.

Meet Alyscia

Alyscia Cunningham was raised with a Caribbean heritage, her parents being from the island of Trinidad and Tobago. Her hometown is Corona, NY but she now resides in the Washington, DC area.

An award-winning author, filmmaker and photographer who has contributed to such outlets as National Geographic, Discovery Channel, and the Smithsonian Institution, Alyscia specializes in promoting our natural beauty because she believes the media focuses on our insecurities by bombarding us with ads proclaiming that their appearance without enhancements is inadequate or faulty.

Sample Speaking Experience

- ASA, Aging In America Conference – San Diego, CA
 - Women's Museum of California – San Diego, CA
- Women's National Democratic Club – Washington, DC
 - St. Francis College – Brooklyn, NY
 - University of MD – College Park, MD
 - Green Festival – Los Angeles, CA
- 62nd National Women's Conference – Malvern, PA
 - Stop The Beauty Madness – Teleconference
- Women, Action & the Media! – Santa Monica, CA

Contact

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About the Books

Feminine Transitions, a photography book encompassed with portraits of raw feminine beauty.

I Am More Than My Hair, a new book and upcoming documentary film, featuring 138 portraits of 46 females and the stories of their experience with hair loss.

